# **Cosmic Apple Gardens**

# **2024 Community Supported Agriculture**

# "Growing the best food for The People of The Tetons" cosmicapple.com



#### What is a CSA?

Community Supported Agriculture (CSA) provides a household with a weekly share of vegetables via a membership. People eat seasonally fresh, local veggies by purchasing a farm membership before the season starts. The money allows the farm to purchase seeds, supplies, and make farm improvements. Time is also allowed for careful planning, a critical step in a farm's success. Membership fees help the farm operate all winter long. When the veggies are ripe, we harvest everything ready on a given day. To determine a "share" we weigh each item harvested and divide the total weight by the number of members getting a share that day. Members pick up their share once a week for the whole growing season. When a crop is plentiful all members benefit, if a crop fails, the loss is shared. A CSA program benefits the farmer and the consumer.

### How long is the season? What size share should I get?

The Cosmic Apple Gardens CSA program is offering summer vegetable shares for the 28th year! The season is about 16 weeks long, beginning sometime in June. A full share provides weekly vegetables for 2 to 4 people living in one household. A half share is generally enough for 1-2 people. A share contains 5-15 different items, which vary with the season. The season starts with lots of light leafy green things and ends with heavy root crops. For a more specific view of what a share can look like, please explore our web site and find a sample share on our CSA membership page.

# Why Cosmic Apple Gardens?

CERTIFIED BIODYNAMIC®

We are a Certified Organic and Biodynamic Farm located in Victor, Idaho. Our guiding principle at the farm "is to grow the best food possible for the People of the Tetons". We have been farming for 28 years and we are excited to share our bounty with your household. We strive to have a closed loop farming system by creating our own fertility with our farm animals. We are proud to be certified Biodynamic, because Biodynamics heals the Earth through agriculture.

## What are my responsibilities?

Much hard work goes into growing, harvesting and preparing the shares. It is the responsibility of the shareholder to pick up their share at the designated day and time. If the share is not picked up in a timely manner, the share is forfeited. It is understood that due to the nature of farming, and the local climate, variety and quantity may vary. As the season progresses, more and more veggies are available.

## More than just veggies!

You will be able to purchase Cosmic Apple beef, eggs, pork, and Lifeline cheese as available at your pick-up.

#### How to sign up

Find the sign up by mail button on the CSA page on the website. Print form and mail with a check. You can also pay online with a credit card. We charge a 4% card fee. The most cost effective way is to mail us payment.

#### **Shares for Teton Valley Food Pantry**

We believe all humans deserve nutritious food. Cosmic Apple donates 4 Full shares to the Teton Valley Food Pantry ever year. Help us get MORE fresh veggies to our neighbors who need produce. Add any

denomination to your check. We will pool the money and CSA members will collectively purchase as many shares for The Pantry as we can raise money for!

**Important Notice**: If your share is not picked up at the designated pick-up day and time you will forfeit your share for that week.

Your membership will be guaranteed when your first payment is cash-able. To guarantee membership, please send now. 30\$ return check fee. Non-refundable.

**Splitting a full share:** We plan our drop-off points according to the number of people we expect to arrive, this includes parking, which is limited. When more people arrive than expected, it congests the scales, and makes your pick-up time longer. More importantly, when we bring items such as cabbage or head lettuce, full shares sometimes receive one large head and half shares receive one small head. It is the responsibility of the shareholder to take the correct amount of produce. Taking more is stealing from other members. To split a full share, follow these guidelines: Send only one person to the pick-up site. Split your share away from the scales. Take only what is offered for your share size. If your co-shareholder wants an e-mailed newsletter please provide their e-mail address and name.